

Vein Disease Initial Symptom Checklist

Is treatment for vein disease known as venous insufficiency right for you?
Here is important information to share with your doctor about your risk factors and symptoms.

- Do problems with your legs interfere with daily activities?
- Do you experience any of these leg problems?
 - Varicose veins or spider veins
 - Leg swelling
 - Aching, cramping, or throbbing leg pain
 - Burning or itchy legs
 - Restless legs
 - Leg skin discoloration or changes in texture
 - Visible, enlarged veins
 - Heavy or fatigued legs
 - Difficulty walking and moving
 - Open wounds, sores, or venous ulcers on legs
- Do you stand or sit for long periods of time for your job or otherwise?
- Are you overweight?
- Have you or anyone in your family been diagnosed with vein disease? Vein disease can include varicose veins, venous reflux, or venous insufficiency.
- Did symptoms start after a pregnancy?
- Are you 50 years old or older?

If you checked 6 or more above, you may be at higher risk for venous insufficiency, which affects millions of Americans but is often misdiagnosed.

Good news! Treatment without surgery is possible. We can get you started with a consultation and vein screening at one of our vascular clinics.

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